



Pam Bosser – Athletic Director

Mark Pezo - Athletic Supervisor Thomas Ewing

Sam Lucas – Athletic Supervisor General Sherman

Audrey Lee – Office Assistant Athletic Office

Leigh Spring – Head Athletic Trainer

ADMINISTRATION

- Steve Wigton - Superintendent
 - LHS - Scott Burre- Principal
- Thomas Ewing-Steve Poston -Principal
- General Sherman-Chuck Page-Principal

OFFICE INFORMATION

- www.lancastergales.com
- Twitter @lancastergales
- 8:00 to 4:30 office hours
- 681-7550 Athletic office phone



Athletic Department Philosophy

- Purpose of Education-Based athletics - to enrich a student's educational experience.
- Athletics - not separate from the educational process, but a key part of the process.
- Students participate in HS athletics, not for the exposure, but to develop into tomorrow's community leaders. (88%/94%)
- HS sports exist to prepare students for the next level of life.



PURPOSE

Goal

The Goal is to win...everyday we play, plan and prepare to win. That is not the Purpose. The Purpose is the human growth and development (physical, social, emotional) of the students who participate in our programs and connecting them to caring adults in their academic community.

A group of basketball players in white jerseys and dark shorts are celebrating on a basketball court. They have their arms raised in the air, and some are holding a basketball. The scene is captured from a high angle, looking down at the players. The court floor is visible, and the background shows a blurred crowd of spectators.

The educational component of Interscholastic athletic programs makes it unique.

Other non-school organizations:

1. Promote free player movement
2. Promote the athletic development of the individual.
3. Provide a showcase for those individuals.

Interscholastic Athletics:

- Students academic achievement and success take priority over athletic achievement and success.
- The success of a team is more important than individual awards.
- Participation is a privilege, not a right.

NUMBER OF SPORTS PLAYED	AVERAGE GPA
0	2.72
1	3.01
2	3.31
3	3.51

NUMBER OF SPORTS PLAYED	AVERAGE # OF ABSENCES
0	11.55
1	9.08
2	6.19
3	5.65



Student Athlete EXPECTATIONS

- Model good sportsmanship
- Compete with high moral and ethical standards
- Be responsible for your actions
- Display self-discipline
- Be loyal to team and school

Parent EXPECTATIONS

- Model good sportsmanship
- Encourage your athlete and our teams
- Support your athlete, team, and the coaching staff
- Schedule meeting with the Head Coach to address concerns
- Parent, not coach.



OHSAA eligibility rules exist to help maintain competitive balance in school sports and to promote the purpose of education-based athletics.

As a student-athlete, YOU are responsible for your compliance.

Besides OHSAA regulations, the Lancaster City Schools have also established additional academic standards and codes of conduct.

❖ General OHSAA Eligibility Standards

- You must be officially enrolled in an OHSAA member school, or participating in accordance with state law, AND you must have both parents living in Ohio (or the parent with custody, due to divorce or having never been married, lives in Ohio).
- You will not be eligible if you are competing under a false name or have provided your school with an incorrect home address.
- You will not be eligible if you have been recruited to attend this school.

ELIGIBILITY

**For the first grading period of 2020, all athletes are academically eligible, regardless of academic performance during the spring of 2019 (COVID – 19)

- **Credits**

- OHSAA requirement
- Based on 9 week grades
- Grades 9-12
5 credits
- Grades 7-8
4 courses

- **GPA**

- LCS Board of Ed. requirement
- Based on 9 week grades
- 1.75 LHS
- 1.75 TE/GS

*All incoming 7th graders (in the fall) are eligible insofar as the scholarship bylaw regardless of previous academic achievement.

ELIGIBILITY

Waiver

Can be used one time

ONLY for GPA



OHSAA Scholarship Standards

- Students taking College Credit Plus must comply with OHSAA scholarship standards.
- All students participating via state law that permits home educated, non-public, community, and STEM school students to participate at public schools must also comply with OHSAA scholarship standards.
- Semester, yearly and summer school grades have no effect on OHSAA eligibility.

▪If you drop a course or change your schedule, it is critically important that you contact your athletic administrator to see if this affects your eligibility.

▪No high school student will be eligible if he or she has been enrolled in high school for more than 8 semesters.

▪No 7th-8th grade student will be eligible if he or she has been enrolled in 7th-8th grade for more than 4 semesters.

- High school students will be ineligible when they turn 20 years old.
- 7th and 8th grade students who turn 15 before August 1st are also ineligible for 7th-8th grade sports but ARE eligible to participate in high school athletics.
- You will become ineligible if you participate with a non-school team in the same sport during your school team's season (example: travel/summer Baseball or Softball during school season).

Once eligibility has been established at a member high school and you transfer to another school, you will be ineligible after the first 50% of the maximum allowable regular season contests have been competed. Furthermore, no transfer student who does not meet an exception to the transfer bylaw shall be eligible to participate in any OHSAA sponsored tournaments .

Should you have transferred to this school, you must ensure all required paperwork has been submitted to the OHSAA AND the state office has granted approval for eligibility.

Immediate eligibility will be granted only if one of the exceptions (11) to the OHSAA transfer bylaw has been met.

CODE OF CONDUCT

- **Conduct/Expectations** – Participation on an interscholastic team is a privilege, not a right, and should be treated as such. It has many benefits and brings with it a responsibility to be a positive and effective member of the team, school and broader community. High school student-athletes are expected to represent themselves, their teams and their schools with honesty, integrity, and character whether it be academically or socially. Student-athletes often are in the spotlight and, fair or not, their behavior is subject to scrutiny by their peers, members of the high school community, local and national communities and the media.

- The actions of one student-athlete may result in the generalization of all student-athletes and reflect on the individual, team and school whether it be positively or negatively. Any conduct that results in dishonor to the athlete, the team or the school will not be tolerated. Student-athletes who do not conform to the code of conduct may be subject to consequences for their actions that may include but are not limited to a warning, suspension from participation, dismissal from the team, etc. The code of conduct is in effect for all student-athletes 12 months of the year.

Alcohol/Tobacco/Drugs –

Together with the Ohio High School Athletic Association, the Lancaster City Schools Board of Education recognizes that the use and abuse of tobacco, alcohol and other drugs have a negative effect on behavior, learning, athletic development and performance of the student-athlete.

In addition, the use and abuse by an athlete affects teammates, family members and other significant members of his/her life.

The Board has established this year-round policy in regards to tobacco, drugs and alcohol use.



An athlete may not possess, consume, distribute, or sell tobacco products (Nicotine in any form), alcohol, drugs, controlled substances, inhalants (vape-pens, e-cigarettes, juuls) look-alikes and/or other illegal substances, including drug paraphernalia and over the counter or prescription drug (not prescribed to the athlete).

An athlete may not remain in the proximity of illegal alcohol or drug use. An athlete will be considered “in the *proximity*” if they do not remove themselves from the place where alcohol/drugs are being used illegally. Athletes may call a parent, relative, coach, school administrator, or the athletic director to be removed from the situation.

- ✓ Admission to violation
- ✓ Non-admission to violation
- ✓ Counseling
- ✓ Non-counseling
- ✓ Voluntary Referral

Admission to violation: Athlete freely admits to violation of specific incident. An athlete will be given only one opportunity to freely admit during an investigation.

	First Violation	Second Violation	Third Violation
Consequence with Counseling	Denied privilege of Participation in 10% of scheduled games. 1 game minimum.	Denied privilege of Participation in 50% of scheduled games. 4 game minimum.	Denied privilege of Participation for remainder of high school/junior high career.
Consequence without Counseling	Denied privilege of Participation in 50% of scheduled games. 4 game minimum.	Denied privilege of Participation for 1 calendar year from date of violation.	Denied privilege of Participation for remainder of high school/junior high career.

Example: 10% denial for an athlete whose sport has 20 games in the regular season = 2 game suspension

Non-admission to violation: Athlete does not freely admit and investigation concludes the athlete was in violation.

	First Violation	Second Violation	Third Violation
Consequence with Counseling	Denied privilege of Participation in 20% of scheduled games. 2 game minimum.	Denied privilege of Participation for 1 calendar year from date of violation.	Denied privilege of Participation for remainder of Jr./High School career.
Consequence without Counseling	Denied privilege of Participation in 50% of scheduled games. 4 game minimum.	Denied privilege of Participation for remainder of Jr./High School career.	

CODE OF CONDUCT

- Theft
- Vandalism
- Hazing
- Electronic communication
- Irresponsible Social Networking
- Violating Team Rules
- Ejection for fighting –
Suspended for 4 games (2 in football)
- Repeat Offenses –
Consequences become more severe



Points of Clarification

- School Absences – ½ day attendance rule (11:15AM)- must be in school ½ a day in order to participate in practices or games
- No physical = no try-outs, no practice, no games
- Equipment and Uniforms are your responsibility
- Participation Fee - Paid before 1st contest
- Conflicting participation – communication between all parties before try-outs
- School Suspensions - OSS, ISO, ISS (athlete cannot participate in practice nor games if he/she receives OSS)
- Repeat Offenses – Consequences become more severe
- Appeals – made to the building principal

Staph Infections

Personal Hygiene/Cleanliness

- Keep practice equipment clean
- Keep uniforms and practice clothes clean
- Report ANY skin irritation to the coach AND trainer
IMMEDIATELY

Athlete can return to participation after clearance from doctor.

Athletic Injuries

- Report all athletic injuries to the coach and/or the athletic trainer.

Concussions

OHSAA has adopted the following sports regulation:

- If a student is removed from practice or competition due to a suspected concussion or head injury, the coach or referee who removes the student shall not permit the student, **ON THE SAME DAY THE STUDENT IS REMOVED**, to return to that practice or competition or to participate in any other practice or competition for which the coach or contest official is responsible. Thereafter, which means no earlier than the next day, the coach or contest officials shall not permit the student to return to practice or competition until both of the following conditions are satisfied :

1) The student's condition is assessed by a physician, who is a person authorized to practice medicine, osteopathic medicine or surgery (M.D. or D.O.)

2) The student receives **written authorization** that it is safe for the student to return to practice or competition from a physician.



Lindsay's Law - Sudden Cardiac Arrest (SCA) in youth athletes

<https://www.youtube.com/watch?v=s-YfCWQPeqw&feature=youtu.be>

Performance Enhancing Supplements:

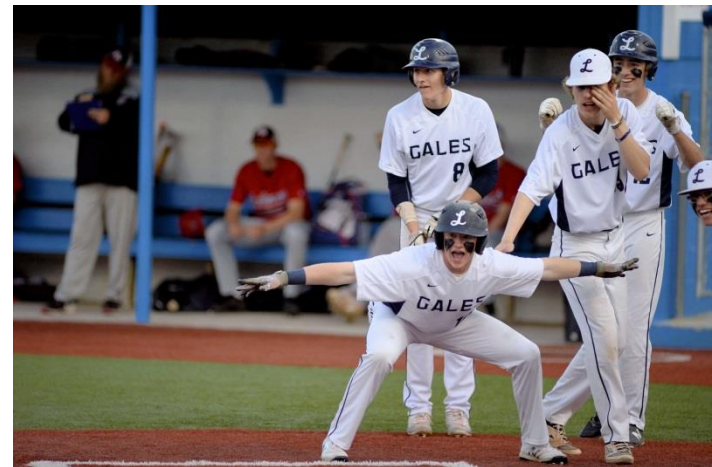
- The increased availability of these items allows students easy access to a wide variety of products aggressively marketed to include promises – endorsed by faulty research claims – of extraordinary weight loss, explosive power or tremendous strength gains.
- It is important for parents to educate themselves about what substances their child may be using and about the potential risks involved with uneducated supplement use.

Insurance

It is the responsibility of the parent/guardian to provide medical insurance for the athlete. Lancaster City Schools does NOT offer medical insurance for athletic injuries. The OHSAA does provide insurance for catastrophic injuries incurred during a school related practice session or contest, but only as a secondary insurance when personal insurance is exhausted. Student Insurance can be purchased for the school year by following the link on the LCS website www.lancaster.k12.oh.us

Forms

- **Consent form/Lindsey's Law** (sign and give to coach)
- **Waiver of Liability** (sign and give to coach)
- **Pre-participation Physical/ Concussion Information sheet** (must be on file in the athletic office – Good for 12 months)
- **Emergency Medical –** (Complete and give to coach)
- **OHSAA Acknowledgement and Pledge** (sign and give to coach)
- **Participation Fee**
(complete form and return to coach with \$\$)
 - \$100 9-12
 - \$65 7-8
 - \$200 family cap
 - Fee Waiver – Medical Card issued by JFS



PARENT SUPPORT

- Lancaster Athletic Boosters – raise funds to benefit all sports and capital improvements.
 - Concessions
 - Type III Bingo
 - Fall & Winter Program
- Individual Sport Parent Groups – raise funds to support one specific sport
 - car wash
 - cookie dough
 - concessions work
 - spirit wear





Athletic Department funding

- Event admission
 - Ticket sales/pass sales
 - Partners in Sport
 - Gold, Blue and White
 - Booster group support
 - Purchase of equipment/supplies
- *Pay to Participate goes to General fund which offsets transportation and coaches salary.

GOLD SPONSORS

- BOB-BOYD AUTO – (Referral Program)
- BUCKEYE HONDA - (Referral Program)
- LANCASTER BINGO
- MICHAELS ORAL SURGERY
- CRESTVIEW REHABILITATION & SKILLED NURSING SERVICES
- MATT TAYLOR KIA
- PORTA KLEEN
- HUGH WHITE CHEVROLET
- UNIFIED BANK



BLUE and WHITE SPONSORS

BLUE

- Fairfield Medical Center
- Fairfield National Bank
- Kona Ice
- Proline Electric
- Stebelton Snider law
- Dagger, Johnston, Miller, Ogilive, Hampson



WHITE

- Brian Cutright DDS
- Edward Jones Investments
- Promotions by Design
- Pizza Cottage
- Cintas
- Midwest Fabricating
- Central Ohio Orthodontics
- Fairfield Federal
- N8 Chiropractic
- Ohio Army National Guard



LANCASTER

GOLDEN

GAALES