Golden Gale Fans,

Summer break has come and gone for many of our high school athletes, and with school beginning in just a few short weeks, fall sports are gearing up with the start of practices and try-outs. For most athletes, the summer months provide time to concentrate on building strength and conditioning while also participating in camps and open gyms to hone their skills in preparation for the competitive school year. Lancaster Volleyball players recently traveled to South Carolina for a week-long team camp and tournament. Our Boys and Girls Cross Country teams will be spending a week training on the trails at Old Man’s cave in late July and early August. Boys and Girls Soccer along with the Field Hockey team, have been conditioning in the valley most mornings for several weeks. Our girls’ tennis team gathers in the morning at the Rod Ishida Tennis courts for free play and conditioning, and our golf teams will begin tryouts the first week of August. These are just a few examples of the commitment and sacrifice our fall athletes have made this summer to develop their individual and team skills in their pursuit of excellence.

The Ohio High School Athletic Association requires all athletes and parents attend an informational meeting to discuss OHSAA regulations as well as Lancaster City Schools regulations for athletic eligibility. The fall sports meetings will be held on Wednesday, August 3rd and Thursday, August 4th at 7:00pm in the high school auditorium. Athletes and Parents need to attend only one meeting/year before participation in athletics. Meetings are also be offered in the winter and in the spring.

The football team has been strength training and conditioning under the watchful eye of head coach Rob Carpenter and his staff. The team heads into this season after a 8-3 season last year, qualifying for post-season playoffs. Fans will have five opportunities to watch the Golden Gales defend their home turf at Fulton Field in 2016.

<table>
<thead>
<tr>
<th>Date</th>
<th>Location</th>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fri. September 9</td>
<td>Cathedral HS (Canada)</td>
<td>7:30PM (2006 team recognition/ Cheerleader alumni night)</td>
<td></td>
</tr>
<tr>
<td>Fri. September 16</td>
<td>Newark</td>
<td>7:30 PM (Distinguished Alumni)</td>
<td></td>
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<tr>
<td>Fri. October 7</td>
<td>Pickerington Central</td>
<td>7:30 PM (Homecoming)</td>
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<tr>
<td>Fri. October 14</td>
<td>Gahanna</td>
<td>7:30 PM (Junior Gale Night)</td>
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<tr>
<td>Fri. October 30</td>
<td>Reynoldsburg</td>
<td>7:30 PM (Senior Night)</td>
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</tbody>
</table>

On Friday, September 9th we will be honor the undefeated football team of 2006 and recognize alumni cheerleaders. On September 16th the 2016 inductees of the LHS Distinguished Alumni Hall of Fame will be recognized at halftime. We will crown our Homecoming Queen on October 7th and invite all LHS fans to arrive early to enjoy the Homecoming pre-game parade. On October 14th we recognize future Golden Gale football players and cheerleaders. Our senior football players, band members and cheerleaders will be recognized on October 28th prior to our game with Reynoldsburg.
You will also have many opportunities to catch other Golden Gale fall sports in action. Please visit our athletic website www.lancastergales.com for current sports schedules, pictures and news about our athletes. You can also follow the Golden Gales on Twitter @lancastergales. Some special events this fall include the Wanda Shaner/Karen Wohrer Volleyball Tournament on August 27th and the Bob Reall Cross Country Invitational on Saturday, September 24th. Over 2300 athletes are expected to participate in this year’s cross country invitational. It is one of the premier cross-country events in the state. The Boys Golf team will host the annual Lancaster Invitational at the Lancaster Country Club on Friday, September 9th. Come out and see the Golden Gales as they face off with some of the best teams in central Ohio.

Last year many of our teams participated in community service projects ranging from adopting a family for the holidays to helping elderly with spring yard work. Our coaching staff understands the importance of providing our young athletes with opportunities to make an impact on those in our community through service. The lessons taught by our coaches go far beyond the fields and courts where you see them coach. Our head coaching staff for 2016-17 is as follows:

<table>
<thead>
<tr>
<th>SPORT</th>
<th>COACH</th>
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<th>COACH</th>
</tr>
</thead>
<tbody>
<tr>
<td>Football</td>
<td>Rob Carpenter</td>
<td>Boys Golf</td>
<td>Jeff Bates</td>
</tr>
<tr>
<td>Girls Tennis</td>
<td>Gary Elick</td>
<td>Girls Golf</td>
<td>Tom Stedman</td>
</tr>
<tr>
<td>Volleyball</td>
<td>Jeff Lewis</td>
<td>Boys Soccer</td>
<td>Matt Pentiuk</td>
</tr>
<tr>
<td>Girls Cross Country</td>
<td>Teresa Tripp</td>
<td>Girls Soccer</td>
<td>Brian Griffin</td>
</tr>
<tr>
<td>Boys Cross Country</td>
<td>Jeff Koksal</td>
<td>Boys/Girls Swimming</td>
<td>Theresa Hoyt</td>
</tr>
<tr>
<td>Wrestling</td>
<td>Dugan Bentlry</td>
<td>Fall Cheerleading</td>
<td>Amanda Byas</td>
</tr>
<tr>
<td>Girls Basketball</td>
<td>Dusty Miller</td>
<td>Boys Basketball</td>
<td>Kent Riggs</td>
</tr>
<tr>
<td>Boys/GirlsBowling</td>
<td>Wendy Russell</td>
<td>Softball</td>
<td>Stephanie Miller</td>
</tr>
<tr>
<td>Boys Tennis</td>
<td>Gary Elick</td>
<td>Boys Track</td>
<td>Jeff Koksal</td>
</tr>
<tr>
<td>Baseball</td>
<td>Corey Conn</td>
<td>Field Hockey</td>
<td>Allie Kinniard</td>
</tr>
<tr>
<td>Girls Track</td>
<td>TBA</td>
<td>Winter Cheerleading</td>
<td>Lindsay McMurray</td>
</tr>
</tbody>
</table>

I would also like to take this opportunity to recognize our Junior High Athletic Directors. Andy Knuckles (a_knuckles@lancaster.k12.oh.us) will be coordinating all General Sherman athletic teams and contests while Mark Pezo (m_pezo@lancaster.k12.oh.us) will be taking care of Thomas Ewing. These two gentlemen also teach at the building for which they oversee athletics and can be reached by calling the main office at their junior high school. I would like to thank Andy and Mark for all of the attention they give to our junior high athletes assuring that our future Gales have positive experiences while developing their skills.

The following businesses have returned as our “Gold” advertising sponsors at our sporting events: Bob-Boyd Auto Family, Lancaster Bingo, Dagger Johnston Miller Ogilvie & Hampson Attorneys at Law, Porta-Kleen, Buckeye Honda, AAA Approved Driving School and Crestview Skilled Nursing and Rehab. All of these sponsors have contributed greatly to our ability to purchase uniforms and equipment for LHS Varsity, JV, freshman, and TE/GS teams. Whenever you have the opportunity, please show your appreciation to our business partners.

Again, I am very excited for the upcoming school year and the athletic challenges that lie ahead. Ticket information for 2016-17 is attached. Thank you for your support and as always............

GO GALES!!!

Pam Bosser
Athletic Director
2016-17 TICKET INFORMATION

FOOTBALL RESERVED SEASON PASS (5 GAMES)........................................ $ 40.00

EXTRA PARKING PASS................................................................. $ 10.00

STUDENT SEASON PASS.......................................................... $ 40.00
*General admission pass for all 2016-17 athletic events, grades 7-12
   (does not include junior high or high school tournaments).

VARSITY "L" PASS................................................................. $ 20.00
*For athletes who have earned their varsity letter, this is a general admission pass
to all 2016-17 athletic events, grades 7-12 (does not include junior high or high school tournaments).

ADULT “GOLD” PASS............................................................... $100.00
*Reserve seat for home varsity football games, admission to all other home athletic events, grades
   7-12 (does not include school, league or OHSAA tournaments).  A spouse may be added for an
   additional $50.00.  The “Gold” pass is NON-TRANSFERABLE.

FAMILY “GALES” PASS............................................................... $225.00
*General admission for all 2016-17 home sporting events in grades 7-12 for 2 adults & 2
   students,(does not include school, league or OHSAA tournaments).  The Family “Gales” pass is
   NON-TRANSFERABLE.

GENERAL ADMISSION PRICING......
*Adults for varsity football, boys/girls basketball, soccer, field hockey, track, swimming, volleyball,
   cross country & wrestling....................................................... $ 6.00
*Students (grades K-12) for varsity football, boys/girls basketball, volleyball, field hockey, soccer,
   cross country, track, swimming & wrestling............................... 4.00
*Adults for Freshman and Junior High athletic events........................................ 4.00
*Students (grades K-12) for Freshman and Junior High athletic events.................. 2.00

CHILDREN 5 YEARS OLD AND UNDER WILL BE ADMITTED FREE WHEN ACCOMPANIED BY AN ADULT.

ATHLETIC CAPITAL IMPROVEMENT FUND NEWS

The Athletic Capital Improvement Fund that was started in 1991 is still available for contributions.  Because of this fund, we have been able to enhance the quality of each athletic program.  Should you wish to make a donation, please use the attached card or stop by the Athletic Department office.  Our sincere thanks go to the following who generously contributed to the fund during the previous campaign year.

*Pip & Judy Ogilvie  All programs
*Art & Betty Wallace  All programs
*Gary & Bette Mauller  All programs
*Howard & Jean Bradford  All programs
*Dick Elwood  All programs
*Dane Swinehart  All programs
*Merwyn & Cindy Bowdish  All programs
*Karen Jorgensen – KJ & Associates  All programs
*Maureen Eads  All programs
*Pete & Dawn Gerds  All programs
*Steve & Jenni Arter  All programs
*Todd & Jill McRitchie  All programs
*Johnathan Smith Family  All programs
*Tom & Jean Hammer  All programs
*Jerry & Becky Stebelton  All programs
*Mark Neff  Swim program
*Dick & Connie England  All programs

GO GALES!!!
TICKET ORDER FORM
(Detach and return this order form)

Football Reserve Season Ticket: _____ x $40.00 ea.................................$__________
(You will receive the same tickets you had last year unless you request a change PLUS one parking pass.)

Additional Parking Pass: _____ x $10.00 ea..............................................$__________

Varsity "L" Pass: _____ x $20.00 ea..............................................................$__________
Please give Student's Name & lettered sport(s)______________________________

Student Season Pass: _____ x $40.00 ea...............................................................$__________
Please give Student's Name________________________________________________

Adult “GOLD” Pass _____ x $100.00 ea & $50.00 for spouse......................$__________
Please list names__________________________________________________________

Family “GALES” Pass _____ x $225.00 for 2 adults & 2 students ..........$__________
Please list names__________________________________________________________

Charge for postage and handling: Add $.150..................................................$__________

TOTAL...............................................................$__________

MAKE CHECKS PAYABLE TO: LANCASTER ATHLETIC DEPARTMENT

NAME________________________________________ PHONE________________________

ADDRESS____________________________ COMPANY__________________________

___I WILL PICKUP TICKETS AFTER 8/22/16 or ___MAIL TICKETS (MUST INCLUDE $1.50 POSTAGE)

MAIL TICKET REQUESTS TO: LANCASTER ATHLETIC DEPARTMENT
1312 GRANVILLE PIKE, LANCASTER, OHIO 43130

............................................................................................................................

VARSITY "L"

ATHLETIC CAPITAL IMPROVEMENT FUND

I take pride in the sports tradition of Lancaster's athletic programs. Please accept the enclosed contribution to support the continued excellence of Lancaster's future:

_____ $25.00 _____$50.00 _____$100.00 _____Other

If you would like this contribution earmarked for a specific sport, please indicate what sport; otherwise, it will go into the Athletic Improvement Fund to benefit all sports.________________

Please make checks payable to: LANCASTER ATHLETIC DEPARTMENT
Mail contributions to: 1312 Granville Pike
Lancaster, Ohio 43130

YOUR NAME/COMPANY:____________________________________________________

ADDRESS:__________________________________________________________________

(If requested, a receipt will be sent to you for tax purposes.)
Fall Booster Program Dedication

For only $5.00, you can include a personal dedication to any LHS athlete in this year’s Fall Sports Program!

Simply fill out the form below and return it to the Athletic Office no later than August 15th. Please provide cash or a check made payable to Lancaster Athletic Boosters.

List the SPORT your athlete is participating in: ____________________________

DEDICATION- 2 lines of no more than 35 characters in each line.
(Don’t forget to include the athlete’s first and/or last name in your dedication.)

Line 1
_____________________________________________________________________

Line 2
_____________________________________________________________________

Name of person ordering dedication ___________________ Phone number _______

Amount Enclosed: ________

Here are some examples:

Have a great season, John! Go Gales!
Love, Mom & Dad

Joe, make your last year your best!
Your Biggest Supporter

You’re the best Coach Carter!
Your Senior Players

We are so proud of you Lacey!
Your Best Friends

Amy, stay strong & take control
Your Loving Family

Questions? Call Audrey in the Athletic Office at 681-7550 then press 3

Don’t Forget-
Students can write dedications to other students, boyfriends, girlfriends or even coaches!
Dear Golden Gales Sports Fan:

The tradition of athletic excellence at Lancaster High School continues.

The Lancaster Athletic Booster Club, Inc. is a group of volunteers who work to provide financial assistance to the athletes at Lancaster High School. This financial assistance comes from operating concession stands, selling program ads, selling programs, corporate sponsors, Type-three bingo receipts, membership fees, and individual sponsors. Last year alone, the Boosters provided over $35,000 to the school’s athletic programs. This money (all raised through volunteer efforts) is used by each team for meals, awards, banquets, overnight accommodations, equipment, and capital improvements. We feel extremely proud that our hard work has created athletic teams that excel at every level. It’s a tradition that we would like to continue and you can help!

You can help by becoming a member of the Lancaster Athletic Boosters. We offer four levels of participation. For as little as $10, you and your tax exempt contribution can assist the boosters in fulfilling its mission of assisting student athletes. We hope we can count on you to join us in our efforts to continue the tradition of athletic excellence at Lancaster High School.

If received by August 15th, your participation as a member will be listed in the Fall Sports Program unless otherwise requested.

Thank you again for your help in continuing the tradition of athletic excellence at LHS!

Yes, I would like to contribute to the Lancaster High School Athletic Programs!
My name will appear in the Lancaster’s Sports Program if received by August 15th.

☐ SUPPORTER LEVEL $10.00
(Receive Window Cling)

☐ PATRON LEVEL $25.00
(Receive Window Cling & Travel Mug)

☐ GALE LEVEL $50.00
(Receive Window Cling & Umbrella)

☐ GOLDEN GALE LEVEL $100.00
(Receive Window Cling & Polo)

Name:_____________________________________________________

Address:_____________________________________________________

Phone________________________ e-mail ________________________

_____I wish my membership/ contribution to remain anonymous.