

LANCASTER BOB REALL CROSS COUNTRY INVITATIONAL
September 23, 2023

Entry Fee - H.S. \$250 for boys/girls team H.S. \$125 for boys only team H.S. \$125 for girls only team
Middle School \$150 for boys/ girls team Middle School \$75 for boys only team Middle School \$75 for girls only team
Individual runners in high school races are \$15 Individual runners in junior high school races are \$10.

*schools may enter only one team per race *schools registering or adding athletes after 9/20/2023 @ 12:00 pm will be charged an additional \$30.00 late fee

Registration and team roster – is due by **Wednesday, September 20, 2023, at 12:00 pm**. Roster entries will be on [Ohio MileSplit](#)
When registering teams only need to indicate what division they are competing in.1q

Send checks to	Lancaster High School Athletic Department Jim Day– Meet Manager 1312 Granville Pike Lancaster, Ohio 43130	Checks are payable to: Lancaster HS Athletic Department
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Course – Due to construction, the 2023 course is located entirely on the Ohio University-Lancaster campus. It is a combination of rolling hills and flat areas with start and finish areas at the north end of the OU-L property. All junior high races will be 3200M and all high school races will be 5000M. The youth race(s) will be one mile in length.

Bus/school-marked vehicles will enter the OU-L property at College Avenue and drop off coaches and athletes as shown on the attached map before continuing to the parking area at Beavers Field on the west side of SR37. Spectator parking is limited to the LHS lots with handicapped parking (only) on the OU-L campus (as shown, attached).

Spectators – **MOBILE Tickets ONLY** **\$7.00 for admission (plus \$1.00 processing fee)**
Spectators may view most of the course from the east side of the creek. **(Children 5 and under are free)** and **NO DOGS**
PERMITTED Coaches, please relay this information to parents and others attending the meet.

2023 Bob Reall Invitational Race Schedule

9:00AM	Division I	HS Boys Fr-So Race (unlimited entries)
9:35AM	Division I	HS Girls Fr-So Race (unlimited entries)
10:10AM	Division I	HS Boys Team (5-7 runners)
10:45AM	Division I	HS Girls Team Race (5-7 runners)
11:20AM	Division I	HS Boys Open Race (unlimited entries)
11:55AM	Division I	HS Girls Open Race (unlimited entries)
12:30PM	Division II/III	HS Boys Team Race (1-unlimited entries)
1:05PM	Division II/III	HS Girls Team Race (1-unlimited entries)
1:40PM	Division I/II/III	JH Boys Team (1-unlimited entries)
2:10PM	Division I/II/III	JH Girls Team (1-unlimited entries)
2:40PM	Youth Race(s) (1 mile; \$5 per entry) (Separate girl's/boys races if total entries exceed 150)	

DI school teams will race in the "Gold" Division. The "Blue" Division will be for DII & DIII schools; however, DII & DIII Teams may elect to compete in the Gold race if preferred. Please indicate this when registering your team on MileSplit. D1 boys open races 1 and 2 will be divided closer to race time.

Awards

- ☐ **Junior High Team Races** – Team awards to the top 3 teams in each division. Medals to the top 20 places in each division.
- ☐ **High School Team Races** – Team awards to the top 3 teams in each division. Medals to the top 20 places in each division.
- ☐ **High School Open Races** – Medals to the top 20 places.

Portajohns will be available on the property... Ohio University – Lancaster is closed to Bob Reall Invitational athletes and spectators.

T-Shirts & Concessions are available from the Lancaster Cross Country & Track Parents Organization.

Contact information:	LHS Athletic Department Phone 740-681-7550 Fax 740-681-7552 Email a_lee@lcsschools.net	Meet Manager: Jim Day Email j_day@lcsschools.net Phone 614-395-2794
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Revised 5/7/2023