

LANCASTER BOB REALL CROSS COUNTRY INVITATIONAL  
September 22, 2018

Entry Fee - H.S. \$250 for boys/ girls team  
H.S. \$125 for boys only team  
H.S. \$125 for girls only team  
Middle School \$150 for boys/ girls team  
Middle School \$75 for boys only team  
Middle School \$75 for girls only team  
Individual runners in high school races \$15  
Individual runners in junior high school races \$10.  
\*schools may enter only one team per race  
\*schools registering after 9/19/18 will be charged an additional \$25.00

Registration forms and information may be obtained at: [www.lancastergales.com](http://www.lancastergales.com)

Registration and team roster – a registration form indicating division team races and open races entered is due to John Smith by **Wednesday, September 19, 2018**. Roster entries will be on [www.baumpage.com](http://www.baumpage.com) til 9/19/18.

Course – located at the campuses of Lancaster High School and Ohio University-Lancaster. It is a combination of rolling hills and flat areas. All junior high races will be 2 miles and all high school races will be 5000 meters. Runners will be using “chip on bib” timing!

Awards – **Junior High Team Races** – Medals to the top 25. Team award to the top 3 teams. For both the large and small school races.

**Junior High Open Races** – Medals to the top 25.

**High School Team Races** – Plaques to the top 10 places. Medals to places 11 through 25. Team awards to the top 3 teams.

**High School Open Races** – Medals to the top 25 places.

Time Schedule

2018 Bob Reall Invitational Schedule

9:00AM	D1 HS Boys Open Race (Teams A-M) (unlimited entries)
9:35AM	D1 HS Boys Open Race (Teams N-Z) (unlimited entries)
10:10AM	D1 HS Girls Open Race (unlimited entries)
10:45AM	D1 HS Boys Team (5-7 runners)
11:20AM	D1 HS Girls Team Race (Run up to 10, teams with at least 5 runners must run in team race)
11:55AM	D2 HS Girls Team Race (unlimited entries)
12:30AM	D3 HS Girls Team Race (unlimited entries)
1:05PM	D2 HS Boys Team Race (unlimited entries)
1:40PM	D3 HS Boys Team Race (unlimited entries)
2:15PM	Large JH Boys Team (Run up to 10, teams with at least 5 runners must run in team race)
2:45PM	Small JH Boys Team (Run up to 10, teams with at least 5 runners must run in team race)
3:15PM	Large JH Girls Team (Run up to 10, teams with at least 5 runners must run in team race)
3:45PM	Small JH Girls Team (Run up to 10, teams with at least 5 runners must run in team race)
4:15PM	JH Boys Open Race (unlimited entries)
4:45PM	JH Girls Open Race (unlimited entries)
5:15PM	Combined Youth Race (1 mile; \$5 per entry)

Spectators – **Admission Charge for Adults - \$7.00 and Students - \$5.00**

**NO PETS ALLOWED.** Spectators can view almost the entire course from atop the terraced Starting and finishing areas. Coaches, please relay this information to parents and others attending the meet.

Shelter & Restrooms – located inside Lancaster High School. Ohio University – Lancaster is **not** available.

T-Shirts & Concessions are available from the Lancaster Athletic Booster Clubs.

Send **registration, and check** to:  
Lancaster High School  
Athletic Department  
John Smith – Meet manager  
1312 Granville Pike  
Lancaster, Ohio 43130

**Checks payable to:**  
**Lancaster HS Athletic Department**

**Roster entries on [www.baumpage.com](http://www.baumpage.com)**

Contact information:	LHS Athletic Department	Meet Manager
	Phone 740-681-7550	John Smith 740-681-7500 Ext. 6208
	Fax 740-681-7552	Fax 740-681-7552
	Email <a href="mailto:a_lee@lancaster.k12.oh.us">a_lee@lancaster.k12.oh.us</a>	<a href="mailto:john_smith@lancaster.k12.oh.us">john_smith@lancaster.k12.oh.us</a>