**2010-2011 Varsity Boys Track Results**

**Results: Central District 3 Championship May 18th, 19th and 21st, 2011**

@ Hilliard Bradley

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**Gales 3rd of 8 at Upper Arlington**

Friday's Larkin Crosten Classic featured a match-up of three of the top boys track and field teams in the Central Ohio Region. In the end, it was Pickerington North who prevailed with 107pts, besting Dublin Coffman with 102.5pts and Lancaster at 89.5pts. But, the Gales suffered a more significant loss when Senior Nolan Flowers was injured in the finals of the 110 High Hurdles. Flowers, also a key runner in the Gales sprint relays, entered the finals with the second fastest qualifying time from the 110HH semis and is one of the top 110 Hurdlers in the region. The extent of his injury will be evaluated further in the next few days.

Other news from the meet was much more positive with several Gales posting outstanding performances. Brannon Kidder won the 1600M in 4:12.37 and the 800M in 1:53.73. Both times were personal bests and both times are the fastest in Ohio for 2011 Season. Scott Watts was strong and reliable, winning the 400M (52.33), taking 6th in the 200M and running strong legs on the Gales scoring 800M and 1600M Relays. Eli Schmelzer was consistent in winning the Pole Vault at 14'0", with teammate Eron Knece taking a solid 3rd. Kyle Trout took 2nd in the Discus with a personal best performance of 148'8"; Kevin Miller was 2nd in the shot put at 48'6.5". Andrew Shisler was 3rd in the 100M at 11.29, just 0.04 seconds off his personal best time of 11.25 set in the semi-finals.

Other top individual performers for the Gales included; Kellen Harris - 4th in the High Jump and 6th in the 400M, Jared Wentz - 5th in the 1600M, Ethan Cordle - 6th in the 300IH and Derek Edwards - 6th(tied) in the High Jump.

The Gales 3200M Relay team of Nathan Wise, Curtis Ewing, Patrick Sabol and Patrick Hinson placed 4th with three of four runners setting new personal bests. Shisler, Connor Smith and Allen Evans joined Watts for a 6th place finish in the 800M Relay; Shisler and Smith, combined with Ethan Cordle and Brandon Meadows to take 6th in the 400M Relay. Watts, Evans, Harris and Kidder took 4th in the 1600M Relay to close out the meet.

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**Gales 2nd at Mingo Relays**

The Lancaster Boys Track & Field Team finished 2nd in the 16 team field at Friday's Mingo Relays at Logan High School. Westerville Central took 1st with 142 points, followed by Lancaster with 132.5 points and Logan with 109 points.

Several Gales posted strong performances in a marathon event which concluded after
Brannon Kidder won the 1600M (4:19.53), the 800M (1:56.17) and anchored the Gales winning 1600M Relay (3:30.72). Cameron Heimberger, Kellen Harris and Scott Watts also ran strong legs on the Gales 1600M Relay. In other Track Relays; Heimberger, Andrew Bireley, Watts and Kidder took 2nd in the 3200M Relay (8:29.34). Andrew Shisler, Connor Smith, Nolan Flowers and Allen Evans took 5th in the 800M Relay (1:34.63); then Shisler, Smith and Flowers teamed with Ethan Cordle to place 2nd in the 400M Relay (44.33). Patrick Hinson, Nathan Wise, Curtis Ewing and Jared Wentz finished 2nd in the 6400M Relay (19:44.54) and later, Hinson, Evans, Bireley and Wentz teamed up to finish 4th in the Distance Medley Relay (11:27.00).

Individually, Flowers finished 2nd in the 110 High Hurdles (15.27); Watts (23.28) was 5th and Shisler (23.49) was 7th in the 200M; Shisler was also 6th in the 100M (11.36). Watts (51.90) was 3rd and Harris (52.07) was 4th in the 400M. Heimberger was 5th in the 800M (2:07.89) and Wentz was 6th in the 1600M (4:37.55).

Field events were scored individually and as relays with up to 34 points available in each event. Eli Schmelzer (13'6"), Eron Knece (12'6") and Cody Cook (11'0") combined to win the Pole Vault relay, with all three Gales also placing in the individual scoring to earn a meet high total of 25 points. In the Shot Put, Kevin Miller, David Hartranft and Alex Plescher combined to finish 2nd in the Relay, with Miller (50'4") and Hartranft (45'5") finishing 2nd and 7th as individuals. Hartranft, Kyle Trout and Jon Fetherolf also took 2nd in the Discus Relay, with Trout (129'3") take an individual 7th. Kellen Harris was the 3rd individual finisher in the High Jump.

The Varsity Gales compete next in the Larkin-Crosten Classic at Upper Arlington on Friday.

**Gales 3rd at Dublin Coffman**

The Lancaster Boys Track & Field Team finished 3rd in the 16 team field at Saturday's Dublin Coffman Classic. Host school Dublin Coffman took the team Championship with 102 points, followed by Brunswick with 96 and Lancaster with 91. With this results, the Gales have now defeated 41 of 43 teams faced in the 2011 Outdoor Season.

The Gales started the day by winning the Distance Medley Relay in a meet record time of 10:29.82. The effort by Jared Wentz, Cameron Heimberger, Scott Watts and Brannon Kidder is the fastest in the State so far in 2011 and the 3rd fastest time in Lancaster High School history.

Individual 1st place winners for the Gales were Nolan Flowers in the 110 High Hurdles (15.61), Brannon Kidder in the 1600M (4:29.92) and the 800M (1:57.68) and Eli Schmelzer in the Pole Vault (13'6`). Other medalists for Gales included Kevin Miller - 3rd on the Shot Put at 50'5" and Andrew Shisler - 3rd in the 100M in 11.71.
Other scoring performances for the Gales included; Eron Knece - 4th in the Pole Vault, Jared Wentz - 4th in the 1600M, Scott Watts - 5th in the 400M and Ethan Cordle - 7th in the 300 Intermediate Hurdles. The 1600M Relay of Watts, Flowers, Kidder and Kellen Harris took 4th; the 800M Relay of Harris, Connor Smith, Flowers and Watts took 6th, as did the 400M Relay of Cordle, Shisler, Smith and Flowers; the Gales 3200M Relay team of Heimberger, Curtis Ewing, Nathan Wise and Andrew Bireley took 7th.

**Gales Undefeated Streak on the Line**
The Lancaster Boys Track & Field Team has won each of its contests so far in 2011, defeating 28 other teams in the process. Most recently, the Gales defeated OCC rival Reynoldsburg 91 - 33 at Fulton Field on Tuesday, with seven Lancaster athletes setting new personal bests.

But, remaining undefeated will be difficult as Lancaster enters Spring Break week with key athletes unavailable due to travel, illness and a few minor injuries. The Gales compete Saturday in a strong field at the Dublin Coffman Classic, then return to Fulton Field to face Pickerington North on Tuesday and host the 45th edition of the Fulton Relays on Thursday. Team depth will be critical as the Gales face 25 opponents over the next seven days, including top-flight squads from Dublin Coffman, Hilliard Davidson, Bradley and Darby, Pick North, Watkins Memorial, Westerville North and New Albany.

**Golden Gales Win Stingel Invitational**
The Lancaster Boys Track & Field team totaled 106 pts to defeat 15 teams at the Pickerington North – Stingel Invitational. The host school totaled 98pts to finish 2nd, followed by Pickerington Central with 68.5pts and Thomas Worthington at 60pts. Westerville completed the top 5 with 59 pts. Team depth and balanced scoring were key factors for the Gales who, like most teams, had several athletes taking the ACT into the early afternoon.

In the Field Events; Eli Schmelzer placed 1st in the Pole Vault at 14’0”, Kevin Miller was 2nd in the Shot Put with a best throw of 50’ 3.25”, Kyle Trout was 2nd in the Discus at 148’ 6” and Kellen Harris was 4th in High Jump at 6’ 0”.

On the Track, Nolan Flowers took 1st in the 110 High Hurdles in 15.18 and Andrew Shisler was 3rd in the 100M in 11.41. Brannon Kidder was a double winner, taking first in the 1600M (4:28.35) and the 800M (1:59.12). Patrick Hinson was 3rd in the 3200M (10:13.81). Jared Wentz was 4th in the 3200M (10:16.87) and 6th in the 1600M (4:37.15). Nathan Wise, Allen Evans, Scott Watts and Adam Wise teamed up to take 1st in the Distance Medley. Andrew Shisler, Connor Smith, Nolan Flowers and Brannon Kidder finished 3rd in the 4x100M Relay. Watts and Kidder teamed with Cameron Heimberger and Andrew Bireley to finish 4th in the 4x400M. Adam Wise and Curtis Ewing, with Bireley and Watts, took 6th in the 4x800M Relay. Ethan Cordle, with Harris, Smith and Flowers took 8th in the 4x200M Relay.

The Gales compete next on Tuesday against Reynoldsburg at Fulton Field.
April 5, 2011 Track & Field Results

Lancaster Boys Continue to Develop Team Depth

Many Golden Gale athletes competed outside their primary events on Tuesday to supplement training and help identify new abilities. The Lancaster boys piled up 107 points en route to these goals, defeating the boys teams from Bishop Watterson (BW) and Gahanna Christian Academy (GCA) in the process.

Final Score: LA - 107, BW - 56, GCA - 5

Field Events

Shot Put: 1st Miller (LA) - 49' 5 1/2" 2nd Hartranft (LA) 43' 9" 3rd Plescher (LA) - 40' 1/2" 4th Fetherolf (LA) - 38' 11 1/2"

Discus: 1st Trout (LA) - 131' 1" 2nd Fetherolf (LA) - 119' 8" 3rd Hartranft (LA) - 112' 10.5" 4th Miller (LA) - 111' 8"

High Jump: 1st Mankavecky (BW) - 6' 0" 2nd Harris (LA) - 5' 10" 3rd Edwards (LA) - 5' 4"

Long Jump: 1st Calhoun (BW) 2nd Harris (LA) - 17' 9 1/2" 3rd Cordle (LA) - 17' 4" 4th Lehman (BW) - 17' 4"

Pole Vault: 1st Schmelzer (LA) - 13' 0" 2nd Koksal (LA) - 10' 6"

Track Events

4x800M Relay 1st (LA) - 9:22.7 2nd (BW) - 9:54.5

110HH: 1st Flowers (LA) - 15.1 2nd Jeffries (BW) - 16.7 3rd Lehman (BW) - 16.7 4th Lombard (BW) - 18.1

100M: 1st Shisler (LA) - 11.1 2nd Oman (BW) - 11.2 3rd Gallagher (BW) - 11.6 4th Calhoun (BW) - 11.9

4x200M Relay: 1st (LA) - 1:35.6
1600M: 1st AWise (LA) - 4:45.3 2nd Richardson (BW) - 4:50.1 3rd Lackey (BW) - 5:01.3 4th Ewing (LA) - 5:08.9

4x100M Relay: 1st (LA) - 45.6 2nd GCA -50.4

400M: 1st Wooten (LA) - 57.1 2nd Pitroff (BW) - 58.2 3rd Hopkins (GCA) - 58.4 4th AWise (LA) - 60.3

300IH: 1st Cordle (LA) - 44.6 2nd Harris (LA) - 44.9 3rd Eschelman (BW) - 46.1 4th Jeffries (BW) - 47.1

800M: 1st Watts (LA) - 2:07.6 2nd Richardson (BW) - 2:08.9 3rd Lackey (BW) - 2:13.6 4th Ewing (LA) - 2:20.2

200M: 1st Oman (BW) - 22.9 2nd Gallagher - BW) - 24.1 3rd Matacha (BW) - 24.5 4th Calhoun (BW) - 24.7

3200M: 1st Kidder (LA) - 9:49 2nd Wentz (LA) - 10:23.7 3rd Hinson (LA) - 10:20.9 4th Wise (LA) - 11:13.1

4x400M Relay: 1st (LA) - 3:47.3 2nd (BW) - 3:58.9

LHS Boys Track Field
Results: Worthington Quad
April 2, 2011 @ Thomas Worthington H.S.

Golden Gales Roll at Thomas Worthington
Lancaster relay teams won 11 of 14 events en route to a solid victory at Saturday's Thomas Worthington Quad Meet. The Gales opened the met by winning four of five field event relays. Kyle Trout, Jon Fetherolf and Kevin Miller teamed up to win the Discus relay with a total mark of 392' 1". Then
Miller, David Hartranft and Fetherolf totaled 132' 8.25" to win the Shot Put relay. Kellen Harris, Derek Edwards and Jared Thompson won the High Jump relay with a total of 16' 10"; Eli Schmelzer, Cody Cook and Andrew Koksal totaled 33' 6" to win the Pole Vault. On the track; Cameron Heimberger, Jared Wentz, Scott Watts and Brannon Kidder took the 4x800M Relay in 8:43.3; Ethan Jones, Kellen Harris, Derek Edwards and Nolan Flowers won the Shuttle Hurdle Relay in 1:12.2; Adam Wise, Nathan Wise, Andrew Bireley and Brannon Kidder won the 4x1600M Relay in 20:06.7; Andrew Shisler, Brandon Meadows, Connor Smith and Nolan Flowers won the 4x100M Relay in 44.7; Adam Wise, Heimberger, Bireley and Kidder returned to win the Middle Medley Relay in 6:27.6; Shisler, Smith, Harris and Watts took the Sprint Medley in 1:39.2; Wentz, Bireley, Adam Wise and Kidder won the Distance Medley in a meet record time of 11:13.5. The Gales posted second place finishes in the 4x400M Relay, the Long Jump and the Middle Medley.

The Golden Gales compete next on Tuesday at Fulton Field.

LHS Boys Track Field
Results: Triangular Track & Field Meet
March 29th, 2011 with Canal Winchester, Lancaster, Liberty Union
Results

LHS Boys Track Field
Results: Hammond Relays
March 26th, 2011 @ Pickerington Central
Results

The Gales successfully opened the outdoor track & field Season by winning the 2011 Hammond Relays. Lancaster scored in every event; finished in the top three in 10 of 13 and totaled 92 points to defeat OCC rivals Pickerington North, Reynoldsburg, Pickerington Central and three other Central Ohio teams. Finishing first for Lancaster were the Middle Medley Relay team of Adam Wise, Kellen Harris, Scott Watts and Brannon Kidder; the Sprint Medley team of Andrew Shisler, Brandon Meadows, Ethan Cordle and Scott Watts; and the 4x800M Relay team of Adam Wise, Patrick Sabol, Nathan Wise and Brannon Kidder. Second Place Lancaster relays included the Discus team of Jon Fetherolf, David Hartranft and Kevin Miller; the 4x1600M team of Jared Wentz, Nathan Wise, Patrick Hinson and Adam Wise; the 4x200M team of Ethan Cordle, Brandon Meadows, Nolan Flowers and Scott Watts; the Distance Medley team of Patrick Hinson, Andrew Bireley, Jared Wentz and Brannon Kidder; and the 4x100M team of Andrew Shisler, Brandon
Meadows, Connor Smith and Nolan Flowers. Finishing in third place for the Gales were the Shot Put relay team of David Hartranft, Kevin Miller and Alex Plescher and the Shuttle Hurdle team of Ethan Cordle, Derek Edwards, JP Anders and Nolan Flowers.

The Gales compete next on Tuesday at Fulton Field against Canal Winchester and Liberty Union.

**Gales 8th at State Indoor Track & Field Championships**

The Golden Gales completed a successful indoor track & field season by finishing 8th at Saturday’s State Championship Meet. The Gales set two new indoor school records, two freshman indoor records and seven personal bests as part of an outstanding overall effort. Scott Watts, Jared Wentz, Cameron Heimberger and Brannon Kidder teamed up to successfully defend Lancaster’s 2010 State 4x800M Relay Championship. The Gales ran a season best time of 7:58.45 to narrowly defeat the runners-up from Cleveland St. Ignatius and local rival, Westerville North.

Meanwhile, Lancaster’s field event athletes also competed well. Freshman Isaiah Dexter extended his personal best in the Weight Throw by more than 5 feet to finish 7th and earn valuable points for the Gales. Dexter’s throw of 59’ 3” is a new Lancaster Freshman record and places him at #2 the Gales all-time performance list for the Weight Throw. David Hartranft also set a new personal best to finish in 10th place and is the 4th all-time Gales performer in the Weight Throw. Eli Schmelzer tied for 9th in the Pole Vault and Kevin Miller was 13th in the Shot Put.

Kidder returned to track to win the State 800M Championship in an indoor school record time of 1:54.04 and finishes the indoor season as the top ranked 800M and 1600M runner in Ohio Division I. Adam Wise ran a Lancaster Freshman Record time of 9:40.91 to finish 10th in the 3200M run. The tired foursome of Wentz, Heimberger, Watts and Kidder closed the meet by finishing 13th in the 4x400M Relay.

The 2011 Golden Gales open the outdoor season next Saturday in the Hammond Relays at Pickerington Central.

**Lancaster Shares Central District Indoor Crown**

The Golden Gales successfully completed their first team test of the 2011 season, tying with Sunbury Big Walnut for the Central District Indoor Championship. The Gales earned their 114 points by dominating the distance and throws events while Big Walnut scored big in the sprints and jumps. Coincidently, the two teams were also tied at the completion of Friday’s Field Event portion of the meet.
On Friday, Isaiah Dexter and David Hartranft finished 1-2 in the Weight Throw, Hartranft’s throw of 50’6” was a personal best and moved him to a qualifying position (along with Dexter) for the Indoor State Championship. Kevin Miller and Alex Plescher combined to take 1st and 8th place points in the Shot Put; Miller’s toss of 48’7” was a new personal best and currently positions him as the first alternate for the State Indoor Shot Put. Eli Schmelzer - 3rd in the Pole Vault, Kellen Harris – 4th in the High Jump and Derek Edwards – 7th in the High Jump also scored valuable points for the Gales on Friday night.

The Golden Gales 4x800M Relay team of Scott Watts, Jared Wentz, Cameron Heimberger and Brannon Kidder opened the Saturday session by winning in a season best time of 8:15.94. Kidder and Adam Wise later combined to finish 1-2 in the Mile Run – Wise’s time of 4:37.90 was a personal best. Heimberger then returned to the track to finish 2nd in the 800M run, with Wentz taking 5th. Adam Wise returned to take 2nd in the 3200M Run, with brother Nathan finishing strong to take a 5th. Nolan Flowers was 4th in the 60M Hurdles. Andrew Shisler ran a personal best 7.21 seconds in the 60M Dash to finish 5th. Kellen Harris took 8th in the 400M, just 0.01 second ahead of teammate Ethan Cordle – both ran personal best times. Patrick Wagner closed his indoor season with a personal best time in the 60M Hurdles.

The Gales 4x200M Relay team of Cordle, Brandon Meadows, Flowers and Watts ran a season best time to finish 4th. The tired foursome of Watts, Meadows, Heimberger and Kidder combined to take 4th in the 4x400M Relay and secure enough points for the tie.

Qualifying for the State Indoor Championship closes with Sunday’s meets at Oberlin and Geneva. Pending completion of these events, the following Golden Gales athletes have qualified for the State meet:

Brandon Kidder – 1600M (1st), 800M (1st),
Eli Schmelzer – Pole Vault (7th),
Adam Wise – 3200M (10th),
Isaiah Dexter – Weight Throw (12th),
David Hartranft – Weight Throw (13th), and
the Gales 4x400M Relay (6th) and 4x800M Relay (3rd).
Kevin Miller is the first alternate in the Shot Put and will compete in the State Championship if any of the top 16 cannot participate. Kellen Harris (High Jump), Adam Wise (1600M) and Scott Watts (800M) have also posted top 25 marks and are alternates to the State Indoor Championship.

Golden Gales athletes perform well at OSU and Kent State
The Golden Gales Track & Field Team competed this weekend in the Arnold Classic Indoor
at Ohio State and in a State "qualifier" at Kent State. At Ohio State, Nolan Flowers improved his personal best in the 60M High Hurdles to 8.64 seconds, while Patrick Wagner equaled his best indoor hurdle time. Ethan Cordle and Kellen Harris both ran personal bests in the 200M Dash. Harris also equaled his previous best of 6’ 0” in the High Jump, while Cordle posted the best Golden Gales mark of the 2011 indoor season in the Long Jump. Derek Edwards ran a personal best in the 400M and equaled his previous best marks in the Long Jump and High Jump. Nathan Wise set personal records for 800M as part of the Gales 4x800M team, and in the 3200M Run. Spencer Gilmore set a new personal best in the 3200M. Kevin Miller lengthened his previous indoor best in the Shot Put by almost 5 feet, to 48’ 1.5” as Alex Plescher set a new personal record of 43’ 11.25”, also in the Shot Put. Isaiah Dexter improved his best in the Weight Throw to 53’ 8” and remains in position to qualify for the State Indoor Championship. David Hartranft set a new personal record in the Weight Throw and is now only 5 spots out of a qualifying position.

At Kent, Scott Watts started the Gales day with a personal best of 2:03.40 to finish 11th in the 800M. Adam Wise ran personal best of 9:45.18 to finish 6th in a strong 3200M field. Adam now ranks 10th in the qualifying for the Indoor State Meet in the 3200M and is the top freshman. Also in the 3200M; Pat Hinson ran 10:00.13 to shatter his previous personal record and finish 11th. The 4x400M Relay team of Watts, Isak Holt, Cameron Heimberger and Brannon Kidder ran a season best time of 3:31.67 to finish 4th at Kent and improve to 5th in the Division 1 State Rankings.

Gales Currently in Qualifying position for the Indoor State Championships (Top 16)

- Brannon Kidder – 1st in the 800M and 1600M
- Eli Schmelzer – 6th (Tied) in the Pole Vault
- Adam Wise – 10th in the 3200M
- Isaiah Dexter – 14th in the Weight Throw
- Gales 4x400M Relay – 5th
- Gales 4x800M Relay – 9th

Kellen Harris (HJ), Kevin Miller (SP) and David Hartranft (WT) are currently in the Top 25 in the State and positioned as alternates; Nolan Flowers (60H), Scott Watts(200M) and Pat Hinson (3200M) are just outside the Top 25 with one final opportunity to qualify.

The Golden Gales compete next weekend in the Central District Indoor and then on March 19th in the Indoor State Championship.
2011 LHS Boys Track Field
Results: Buckeye HS Qualifier #3
February 12, 2011 @ Ohio State

2011 LHS Boys Track Field
Results: Buckeye HS Qualifier #2
February 5, 2011 @ Ohio State

2011 LHS Boys Track Field
Results: Pioneer Elite Invitational
January 22, 2011 @ Marietta College

The Golden Gales competed in the University of Kentucky Invitational and the OSU Buckeye Qualifier this weekend. At UK, Brannon Kidder finished 2nd in the Elite Mile which featured top runners from 11 states. Brannon’s time of 4:15.72 is the fastest by an Ohio runner for the 2011 Indoor season and currently ranks as the 10th fastest time in the U.S. Kidder also has the Fastest 800M time in the State for 2011. The team of Scott Watts, Isak Holt, Adam Wise and Kidder ran a season best time to finish 7th in the 4x800M Relay. The Gales 4x800M team is currently ranked 6th in the State as it prepares to defend its 2010 Indoor State Championship. Nolan Flowers was also invited to compete at UK and performed well against top competition in the 60M Hurdles.

The Gales competing at OSU also competed well. Isaiah Dexter finished 3rd in the Weight Throw, improving his personal best to 53’ 1”. Dexter is currently ranked 14th in the State for the Weight Throw; the top 16 athletes in each event are automatic qualifiers to the Indoor State Meet. Eli Schmelzer finished 6th in the Pole Vault and is currently ranked 9th in the State. Kellen Harris finished 7th in the High Jump (T-15th in the State) and 9th in the Long Jump. The Gales 4x200M Relay Team of Jared Thompson, Derek Edwards, Colton Schooley and Ethan Cordle placed 5th. The 4x400M Relay Team of Kellen Harris, Michael Denney, Pat Sabol and Stephen Sparks finish in 7th.

Several other Gales continue to work toward qualifying for the Indoor State Meet. David Hartranft is currently ranked 23rd in the Weight Throw; Nolan Flowers is currently 26th in the 60M Hurdles; Adam Wise is 22nd in the 3200M Run and 32nd in 1600M Run; Andrew Shisler is currently 48th in the 60M Dash. The next qualifying opportunity for the Gales will be the Arnold Classic High School Indoor on March 5th at OSU.

The Golden Gales competed with approximately 30 other teams on Saturday in a State
Indoor Qualifier Track & Field meet at Ohio State University. Several gales posted strong performances, led by Brannon Kidder’s new indoor school record in the 800M. Kidder’s time of 1:56.42 is also the fastest in the State so far in 2011. Eli Schmelzer finished 6th of 39 competitors in the Pole Vault, setting a new personal best at 14’0”. Freshman Isaiah Dexter finished 9th (51’8”) in his first indoor Weight Throw competition, Andrew Shisler was 9th of 73 competitors in 60M Dash at 7.30sec and Adam wise was 10th of 54 runners in the 3200M at 10:06.23. Other Top 20 individual finishes included Kellen Harris - 11th in the High Jump; Nolan Flowers - 14th in 60M High Hurdles; Patrick Hinson - 14th in the 3200M; David Hartranft – 14th in the Weight Throw; Derek Edwards – 15th in the High Jump; and Scott Watts – 16th in the 400M Dash. The Gales 4x800M Relay team of Watts, Wise, Isak Holt and Kidder finished 2nd, holding on to the #7 spot in the Division I State Rankings.

The Indoor Gales compete next at the OSU French Field House on February 12th.

The Golden Gales competed Saturday against teams from four states in the Pioneer Elite Indoor Track Invitational at Marietta College. No team scores were recorded, but the Gales posted several notable results. David Hartranft was 3rd in the Shot and the Weight Throw. Kellen Harris equaled his personal best of 6’0” in the high jump and finished 3rd. Nolan Flowers finished 5th in the 55M high hurdles. Adam Wise set a personal best while finishing 6th in the Mile and Patrick Hinson was 7th in the 5000M, setting a new school record in this seldom run indoor event.

The 4x1600M team of Hinson, Patrick Sabol, Curtis Ewing and Nathan Wise finished 4th. Sabol, Ewing and Wise all ran indoor personal best splits.

The team of Cameron Heimberger, Isak Holt, Scott Watts and Brannon Kidder won the 4x800M, and is currently ranked 6th among teams qualifying for the Ohio Indoor State Championship.

The Gales Distance Medley Relay of Adam Wise, Watts, Heimberger and Kidder finished 2nd, while running the fastest time of the indoor season by an Ohio team.

The Sprint Medley team of Ethan Cordle, Brandon Meadow, Derek Edwards and Isak Holt concluded the day’s competition for the Gales with a 4th place finish.

The Indoor Gales compete next at the OSU French Field House on February 5th.