

LANCASTER GOLDEN GALES BOYS TRACK



Nic Curtiss Signing

2014-2015 Varsity Boys Track Results / News:

5K Memorial Day Rooster's Run - [View Results](#)

**Central District III Championship - [View Results](#)
May 20, 21, 23, 2015 @ Hilliard Darby**

Panther JV Invitational: May 11, 2015 - [View Results](#)

Larkin Classic: May 8, 2015 - [View Results](#)

Taylor Leads Balanced Effort by the Gales

Lancaster finished second to Pickerington North and edged Pickerington Central in their final regular season contest before the OCC Championship. The Gales were led by Harrison Taylor who won the 100M in 10.90s and the 400M in 50.02s. Taylor's 100M time is the fastest fully automatic time ever recorded for a Lancaster athlete and ranks 6th overall on the LHS All-time list. Gales took firsts in both throwing events, with Nik Curtiss winning the Discus (147'8") and Christian Herold winning the Shot Put (55'5.25"). Herold also took 3rd in

the Discus while Curtiss was 4th in the Shot Put. Other scoring efforts for Lancaster included Remington Burwell (6th) and Tyler Woodruff (8th) in the Pole Vault; Ryan Edwards (6th) in the High Jump; Drew Smith (8th) in the Long Jump; Dakota Fox (7th) in the 110HH; Noah Ball (3rd) and Mason Kieffer (6th) in the 1600M; Nick Bosser (4th) and Andy Ferris (6th) in the 800M; Chance Lamb (6th) and Robbie Harris (8th) in the 3200M. Matt Young, DJ Dickerson, Zach Whipple and Grant Luby teamed up for 4th in the 4x800M Relay. Drew Smith, Barkley Zenoby, Rylee Lance and Justin Wolfe took 5th in the 4x200M Relay. Zenoby, Lane, Kieffer and Wolfe finished 3rd in the 4x400M Relay to close the scoring. Final team scores were Pick North - 108.5, Lancaster - 97, Pick Central - 96, Dublin Coffman - 88.5, with 8 other teams participating. The Gales completed the 2015 regular season with a composite record of 116 wins and 15 losses (to seven different teams). The OCC Ohio Division Championship begins Thursday and concludes on Saturday at Big Walnut High School.

Gales Compete Well at Wayne Invitational

Lancaster claimed its place among the State's best track and field teams by taking sixth at the prestigious Huber Heights - Wayne Invitational. Pickerington North won the meet, followed by Centerville, Mason, Hilliard Davidson, Wayne and Lancaster. A total of 52 teams competed at Wayne. Gales throwers once again made big contributions, taking 4th - Nik Curtiss, 5th - Christian Herold and 7th - Isaac Goss in the Discus; 3rd - Herold and 8th - Curtiss in the Shot Put; and 3rd - Curtiss, 6th - Luke Sheridan and 7th - Herold in the Hammer Throw. The Gales were also strong on the track, scoring well in the sprints and distance events while setting 23 new PRs. Nick Bosser was Lancaster's highest individual placer, taking 3rd in the 1600M at 4:23.92. Harrison Taylor took 5th in 200M and 7th in 100M. Noah Ball was 7th in the 3200M in 9:31.44, a time which now ranks him as the 9th faster 3200M runner in LHS history. The Gales team of Mason Kieffer, Barkley Zenoby, Bosser and Ball placed 4th in Distance Medley Relay, while Bosser, Andy Ferris, Matt Young and Justin Nauman took 8th in the 4x800M Relay.

The Gales compete three times this upcoming weekend; the varsity team prepares for the championship season with strong competition at the Larkin-Crosten meet on Friday at Upper Arlington High School. The night before, many of our freshmen and sophomores compete for the win and final PRs at the Westerville South 9/10 Relays and many of our older athletes will complete their seasons with strong performances at the Hilliard - Panther JV Invitational.

Golden Gales Show Strength for the Future

Lancaster's youth stepped to the forefront in Tuesday's Gene Cole Invitational. Competing in a field limited to freshmen and sophomores, the Gales scored 155 pts to defeat Pickerington Central (136), Logan (104 1/3), Canal Winchester (56), Teays Valley (44 2/3) and St. Charles (33). Placing for the Gales in the Discus were Luke Sheridan - 2nd, Shea Goss - 3rd and Will Eyman (5th); in Pole Vault, Tyler Wood-Woodruff (1st) and Joey Hutsler (2nd); in the High Jump, Chayton Brown (2nd), in the Long Jump, Bryce Brumfield (2nd) and in the Shot Put, Sheridan (2nd). On the track; in the 110HH - Kasper Walter (3rd) and Joey Lawson (6th); 1600M - Justin Nauman (3rd) and Allen Sherrick (5th); 400M - Wolfe (3rd) and Brown (4th); 300IH - Bryden Moxley (3rd) and Walter (5th); 800M - D.J. Dickerson (1st), Jackson Brengman (3rd) and Cody Feisel (4th); 200M - Brown (5th) and

Brumfield (6th); 3200M - Zach Whipple (2nd), Will Metcalf (4th) and Clayton Lunsford (6th). 4x800M Relay (1st) - Nauman, Whipple, Dickerson and Andy Ferris; 4x200M Relay (1st) - Brumfield, Brown, Wolfe and Hutsler; 4x100M Relay (4th) - Goss, Brumfield, Blake Tracy and Walter; 4x400M Relay (3rd) - Wolfe, Nauman, Ferris and Wood-Woodruff.

Gene Cole Invitational: April 28, 2015 - [View Results](#)

Fulton Relays: April 24, 2015 @ Lancaster - Fulton Field- [View Results](#)

Gales 2nd at John Hammond JV Relays - [View Results](#)

Our young Gales performed well, taking first place in four of 11 events entered and second in four others. Tyler Woodruff, Joey Hutsler and Kaspia Walter teamed up to win the Pole Vault Relay. Noah Hinson, DJ Dickerson, Will Metcalf and Nathan Hall combined to win the 4x1600M Relay. Jackson Brengman, Bryden Moxley, Hinson and Clayton Lunsford captured the Middle Medley. Brengman and Moxley combined with Dakota Fox and Brendon Colopy to win the 4x400M Relay. Hilliard Darby won the first year event, named in honor of the first coach of the Darby Track & Field Program.

Gales 2nd at Lebanon - [View Results](#)

Coming off a difficult week, the Golden Gales were not especially sharp to open Friday's Lebanon Warrior Relays. However, the effort was solid and the team competed well to close within 8 pts of Watkins Memorial and take 2nd place in the 10 team event. Top finishers included Christian Herold and Nik Curtiss who combined to take 1st place in the Shot Put and Discus throws, along with the 1st place Distance Medley team of Andy Ferris, Justin Nauman, Nick Bosser and Noah Ball. Runner-up Lancaster relays included the Sprint Medley team of Tyler Carter, Ryan Edwards, Rylee Lane and Harrison Taylor; the Mile Medley team of Justin Wolfe, Chayton Brown, Barkley Zenoby and Nick Bosser; and the 4x800M Relay team of Andy Ferris, DJ Dickerson, Justin Nauman and Mason Kieffer. Third place relays for the Gales were Edwards and Brown in the High Jump, along with Taylor, Zenoby, Kieffer and Wolfe in the 4x400M Relay. Drew Smith and Bryce Brumfield combined for 4th in the Long Jump Relay. Joey Hutsler and Remington Burwell were 4th in the Pole Vault Relay. Lancaster's hurdle crew of Dakota Fox, Kaspia Walter, Joey Lawson and Bryden Moxley combined to take 5th in Shuttle Hurdle and 4x300IH relay events. Carter, Edwards, Smith and Niko Moxley finished 6th in the 4x100M Relay, with Zenoby, Smith, Brown and Taylor taking 6th in the 4x200M Relay. The Lancaster 4x1600M Relay team of Chance Lamb, Zach Whipple, Noah Hinson and Noah Ball finished 7th to complete the scoring.

The Gales compete next in the John Hammond Relays on Tuesday in Hilliard, then host the 48th annual Fulton Relays on Friday Night.

Lancaster defeated Logan and Athens in Track & Field competition last night at Logan. The Gales totaled 110 points to Logan's 39 and Athens' 26.

Individual event winners for the Gales were Christian Herold in the SP (53-10) and Discus (158-2), Ryan Edwards in the HJ (5-10), Drew Smith in the 100M (11.8) and 200M (24.0), Matt Young in the 1600M (4:47.3), Harrison Taylor in the 400M (51.8), Dakota Fox in the 300H (43.8), Noah Ball in the 800M (2:05.3) and Nick Bosser in the 3200M (10:10.6). Lancaster also won each of the four relay events: the 4x800M Relay (8:47) by Ball, Zach Whipple, Noah Hinson and Robbie Harris; the 4x200M Relay (1:37.7) by Smith,

Taylor, Tyler Carter and Rylee Lane; the 4x100M Relay (48.0) by Lane, Barkley Zenoby, Bryce Brumfield and Evan Franke; and the 4x400M Relay (3:43.3) by Taylor, DJ Dickerson, Bryden Moxley and Justin Nauman. Lancaster athletes set a total of 54 new personal best on the night.

The Gales compete next on Friday at the Lebanon Warrior Relays.

Stingel Invitational, April 11th, 2015 @ Pickerington North - [View Results](#)

Golden Gales show improvement at Watkins.

Lancaster suffered a narrow defeat (64 - 73) at the hands of Watkins Memorial in Tuesday Track & Field action. Both teams' line-ups were dominated by younger athletes and others assigned to several events for training purposes. Despite the heavy workload and intermittent downpours, Golden Gale athletes still posted over 40 new personal bests during the competition. Andy Ferris led the Gales' effort, taking individual honors in the 400M and 800M, while also running legs on Lancaster's winning 4x800M and 4x400M Relays. Zach Whipple, Justin Nauman and Jack Weaver completed the Gales winning 4x8, while DJ Dickerson, Brenden Colopy and Bryden Moxley filled out the Gales winning 4x4. Christian Herold was a double winner, taking 1st the Shot Put and the Discus. Herold's mark of 57' 1" in the SP currently ranks 4th in the State - Division I. Noah Hinson was the Gales final individual winner, rallying in the final two laps to take the 3200M in a personal best time of 10:23.9.

In the field events, Other scoring performances for the Gales included Chance Brown - 3rd in the Shot Put, Isaac Goss - 2nd in the Discus, Nik Curtiss - 3rd in the Discus, Ryan Edwards - 2nd in the High Jump and Long Jump and Bryce Brumfield 3rd in the Long Jump. On the track, Kasper Walter was 3rd in the 110HH and the 300IH. Chance Lamb was 2nd in the 1600M, with Dickerson 3rd. Colopy was 2nd in the 400M, followed by Evan Franke in 3rd. Bryden Moxley was 3rd in the 300H, Nauman took 2nd in the 800M and Grant Luby was 3rd in the 3200M Run.

The Gales compete next on Saturday in the Stingel invitational at Pickerington North.

Lancaster Defeats Canal Winchester

The Golden Gales Track & Field team defeated Canal Winchester by a score of 78 to 58 in head-to-head competition on Tuesday night. Noah Hinson led the Gales, winning both the 1600M and the 3200M. Other event winners for the Gales included Brenden Colopy in the 400M, Niko Moxley in the long Jump, Jackson Brengman in the 800M and Isaac Goss in the Discus. The Gales also took two of the four relay events, with DJ Dickerson, Clayton Lunsford, Grant Luby and Chance Lamb teaming up to win the 3200M Relay, while Bryden Moxley, Chayton Brown, Brenden Colopy and Evan Franke won the 800M Relay. Despite the high winds, 19 Lancaster athletes set new personal bests in the meet. The Gales compete next, on Saturday, in the Rocky Brands Invitational.

Golden Gales Win Rocky Brands Invitational - [View Results](#)

Lancaster got strong contributions from all event areas enroute to its second Rocky Brands

Invitational Championship. The Gales scored 146.6 points to best Logan (88), Westerville Central (77), and 20 other teams.

Nik Curtiss led an outstanding performance by the Gales in the throws, winning the Shot Put with a season best mark of 56'0" and taking second in the Discus with a throw of 146' 0", also a season best. Christian Herold was 2nd in the Shot Put (54'6") and 4th in the Discus (135'6"). Isaac Goss was 3rd in the Discus with a new personal best of 140'0". Also placing for Lancaster in the Field Events were Drew Smith - 3rd in the Long Jump (19'8") and Remington Burwell - 3rd in the Pole Vault (10'9"), with Joey Hutsler 6th (10'0"). Ryan Edwards tied for 4th in the High Jump with a clearance at 5'10".

The Gales distance group started the day on the track with a win in the 4x800M Relay (8:32.19). Andy Ferris, Matt Young, Justin Nauman and Mason Kieffer teamed up for the win, with a second Lancaster relay of DJ Dickerson, Jackson Brengman, Jack Weaver and Chance Lamb taking 5th (9:04.74). Noah Ball (4:30.91) and Nick Bosser (4:31.93) went 1-2 in the 1600M. Bosser's time was a new personal best. Bosser returned to the track to take 4th in the 800m, with Ferris in 8th. Ball later finished 2nd in 3200M (10:06.60), with Zach Whipple in 3rd (10:09.02) and Robbie Harris in 5th (10:21.92). Whipple's time was a new personal best.

Harrison Taylor led the Lancaster sprint core, taking 1st in the 100M in a season best time of 11.11. Taylor also anchored the 4x100M Relay to a strong 2nd place finish (44.76) and later returned to anchor the Gales 4x400M Relay to a win (3:34.79). Tyler Carter led off the Gales 4x1, followed by Ryan Edwards, Drew Smith and Taylor. Barkley Zenoby led off Lancaster's top 4x4, followed by Justin Wolfe, Rylee Lane and Taylor. The Gales 4x200M relay of Zenoby, Carter, Lane and Chayton Brown also finished 2nd in 1:36.28. Individual Lancaster scorers in the sprint events also included; Dakota Fox - 4th in the 110HH (16.64), Zenoby - 4th in the 400M (53.61), with Wolfe 8th (55.02) and Lane - 5th in the 200M (23.77), with Brown 8th (24.41)

The Gales compete next at Watkins on Tuesday night and then on Saturday at the Pickerington North - Stingel Invitational.

**Results: Central District Indoor
February 28, 2015 @ Otterbein University**

**Results: Chillicothe #4, Kent State Qualifer #3
February 19 & 22, 2015 - Chillicothe / Kent State University**

**Results: OSU Buckeye Qualifier #4
February 14, 2015 @ The Ohio State University**

**Results: Mt. Union Qualifier #1
February 8, 2015, 2015 @ The Ohio State University**

**Results: Buckeye Qualifier #2
January 24, 2015 @ The Ohio State University**

Results: Jerome Fields Open
January 17, 2015