

2006 Varsity Girls Track Results

May 2, 2006

Lancaster 29 Hilliard Darby 108

HJ: McBride 1st at 5' 0". PV: Echard 1st at 9' 0".

April 30, 2006 - MS Dwight Kane Relays

[Click here for 2006 Dwight Kane Relays Girls Results.](#)

April 29, 2006 - Gary Smith Invitational

Lancaster 2nd at 115 points

[Click here for complete results at baumspage.com.](#)

April 25, 2006

Lancaster 81 Upper Arlington 29

SP: Kemp 1st at 30' 3 3/4". Discus: Kline 1st at 90' 3". 3200MR: Lancaster 1st at 10:31.9. 100H: Patterson 1st at 17.15. 800MR: Lancaster 1st at 1:50.79. 400MR: Lancaster 1st at 51.53. 400m: B. Reid 1st at 1:05.9. 300LH: Carver 1st at 50.3. 800m: Lape 1st at 2:28.8. 1600MR: Lancaster 1st at 4:27.9.

April 20, 2006 - Gene Cole Invitational

Lancaster 1st at 218 points

[Click here for complete results.](#)

April 18, 2006

Lancaster 100 Gahanna 37

SP: Powers 1st at 39' 11 1/4". Discus: Powers 1st at 124' 6". HJ: McBride 1st at 5' 4". LF: Griffin 1st at 16' 8 3/4". PV: Sniderman 1st at 9' 9". 3200MR: Lancaster 1st at 11:51.8. 100HH: Patterson 1st at 15.9. 800MR: Lancaster 1st at 1:49.3. 1600m: Lape 1st at 5:50. 400MR: Lancaster 1st at 51.3. 400m: Fast 1st at 1:02.3. 300LH: Carver 1st at 48.8. 1600MR: Lancaster 1st at 4:08.3.

April 15, 2006 - Dublin Coffman Invitational

Lancaster 2nd at 66 points

[Click here for complete results at baumspage.com.](#)

April 11, 2006

Lancaster 99 Groveport 37

SP: Carlisle 1st at 37' 0". Discus: Powers 1st at 130' 1". HJ: K. Moore 1st at 4' 8". LJ: Griffin 1st at 15' 10.5". PV: Sniderman 1st at 9' 0". 3200MR: Lancaster 1st at 10:47.8. 100H: Patterson 1st at 15.65. 800MR: Lancaster 1st at 1:51.95. 1600m: Lape 1st at 5:45.3. 400MR: Lancaster 1st at 51.49. 800m: Will 1st at 2:38.8. 200m: Edwards 1st at 26.93. 3200m: McCormack 1st at 13.39. 1600MR: Lancaster 1st at 4:18.85.

April 8, 2006 - Fulton Relays

Lancaster 1st at 129

[Click here for complete results.](#)

April 4, 2006

Lancaster 115 Newark 18

SP: Kline 1st at 32' 3". Discus: Kline 1st at 92' 5". HJ: McBride 1st at 5' 2". LJ: Griffin 1st at 15' 3". PV: Echard 1st at 8' 0". 3200MR: Lancaster 1st at 10:46.6. 100H: Andrews 1st at 17.2. 800MR: Lancaster 1st at 1:52.7. 1600m: McCormick 1st at 5:51. 400MR: Lancaster 1st at 52.5. 400m: Griffin 1st at 1:03.2. 300LH: Carver 1st at 48.8. 800m: Warren 1st at 2:41. 3200m: McDaniel 1st at 13:23.8. 1600MR: Lancaster 1st at 4:15.1.

April 1, 2006 - Wildcat Premier

Lancaster 2nd at 80 points

[Click here for complete results at baumspage.com.](http://baumspage.com)

March 25, 2006 - Hammond Relays

Lancaster 101, Pickerington North 86, Gahanna 85, Reynoldsburg 82, Westerville South 51, Northland 31, Pickerington Central 29. SP: Lancaster 1st at 114'1.5". LJ: Lancaster 1st at 46'6". PV: Lancaster 1st at 27'6". Shuttle Hurdles: Lancaster 1st at 1:09.81. 3200MR: Lancaster 1st at 10:26.59.

Coach Henwood honored as the Fred Dafler Career Coach of the Year

Doug Henwood, Girls Division I Track Coach at Lancaster High School received the Fred Dafler Career Coach of the Year Award at the OATCCC State Track and Field Clinic last weekend. This award is presented to one Track Coach in the State each year. Coach Henwood has coached Track and Field for 27 seasons; having served as the Girls' Head Coach since 1992. In his 12 years as Head Girls' Coach, Doug has guided his teams to 11 League championships, 10 District titles, 3 Regional championships, and one State Runner's Up finish. Additionally, Coach Henwood has coached five individual State Champions in the shot put and discus. Coach Henwood has been named Buckeye Central Conference Coach of the Year on four occasions, Ohio Capital Conference Ohio Division Coach of the Year seven times, and has also earned several District Coach of the year distinctions. Coach Henwood is well respected as one of the state's most knowledgeable throw's coaches. His reputation is synonymous with Lancaster High School's outstanding tradition of track and field throughout Ohio.