



Golden Gales Track & Field

Region 3 Championship May 25th, May 27th, 2022

Pole Vault	Lukas Lang	15' 0"	2 nd	<i>Advances to the State Championship</i>
	Daniel Edwards	dnc-13' 4"		
Discus	Anthony Smith	133' 6"	12 th	
4x800M Relay	7:56.0	3 rd	<i>Advances to the State Championship</i>	
	Trevor Lanoy	57.7-62.0	1:59.7	
	Wes Taylor	56.7-61.5	1:58.2	PR
	Jacob Koenig	58.5-62.8	2:01.3	
	Colton Thress	57.5-60.3	1:57.8	PR
110HH	Brenden Simcox	15.69	11 th	
4x200M Relay	1:31.09	11 th		
	Caiden Good	23.5		
	Holden Arnold	22.0	PR	
	Owen McCandlish	24.0		
	Eli Rathburn	21.5		
300IH	Brenden Simcox	39.22	PR	39.23 7 TH
400M	Eli Rathburn	49.04	PR	48.98 5 TH <i>Advances to the State Championship</i>
800M	Taylor 57.2-61.3	1:58.52	12 th	
	Thress 57.2-58.3	1:55.46	PR	4 th <i>Advances to the State Championship</i>
3200M	Isaiah 4:41-4:46	9:27.99	PR	6 th
	Kaiden 4:42-4:48	9:30.84	PR	7 th
4x400M Relay	3:25.06	3:21.26	3 rd	<i>Advances to the State Championship</i>
	Brenden Simcox	51.9	50.4	PR
	Owen McCandlish	51.5	51.3	
	Colton Thress	50.1	PR	49.8 PR
	Eli Rathburn	51.5	49.6	

Team Scores:

1. Westerville Central	55
2. Olentangy Orange	43
3. Lancaster	40
4. Canal Winchester	37
5. Pick Central	31.5
6. Hilliard Davidson	30
7. Dublin Coffman	29
8. Licking Heights	28
9. Thomas Worthington	28
10. Pick North	25.5

35 teams scored, 60 total Region 3 teams