



Hilliard Bradley Invitational

May 6, 2022

Team Results: 1) Lancaster - 156 2) Pick North 135 3) Marysville - 60.5 4) Dublin Jerome - 44 5) Hilliard Davidson - 39 6) Hilliard Bradley - 34, 7) Bloom Carroll - 31.5, Worthington Kilbourne - 26

A strong competitive effort for the Gales to end an undefeated regular season. The meet also provided good experience and solid preparation for the upcoming OCC Buckeye-Division Championship. Gales posted wins in 9 of 17 events, along with new personal bests. Now we turn our attention to the championships... take care of yourselves; be attentive to your practice efforts, rest well, eat well, keep stress low (stay up to date with your school work up)... relax, live well and prepare to have fun!

Be Relentless!

Event Results

Shot Put			
Anthony Smith	1 st	48' 9"	You are Ready to bust out...keep working!
Trent Tharp		40' 9"	Nice series, consistent at 40', ready for bigger throws soon.
Discus			
Austin Tiller	2 nd	132' 0"	Really looking good, bigger throws coming
Anthony Smith		113' 8"	Smooth... find your rhythm, left arm long, let it happen
Long Jump			
Daniel Edwards	4 th	19' 1"	The elements will have an impact; best to limit negative thoughts. Time to fine tune the details as we head into the championships.
Gabe Boyden		16' 11.5"	Not the day you wanted but you can be proud of the way you pushed to compete.
Pole Vault			
Daniel Edwards		Wet Conditions	There was no good reason to risk the health of our vaulters in conditions which cancelled the vault at other Central Ohio locations.
Lukas Lang		Wet Conditions	
High Jump			
Kyrell Jackson	2 nd	5' 10"	Way to compete and not let early misses impact your approach/success at higher heights. Great competitive jumping...
Eli Roush	4 th	5' 8"	Once again, keep your speed up on your approach and you will again be clearing 6' and higher bars.
110 High Hurdles			
Brenden Simcox	1 st	15.17	Great breakthrough - your aggressive start and true 'sprinting' over hurdles was the difference!
Holden Arnold	2 nd	15.57	Another breakthrough - keep it going - way to compete to the finish!
4 x 800M Relay			
Carter Davis	4 th	8:32.03	Solid opening leg. Smooth, relaxed and fast through 300M. Tightness in your shoulders, neck, face slowed your final 300M.
John Anderson		2:08.4	
Kaleb Stull		2:08.1	
Wes Taylor		2:04.4	
100M Dash			
Eli Rathburn	1 st	11.12	Good race in very tough conditions! Way to get the win
Gunner Richards		11.75	excellent start, continue to work on extending stride and RELAX! Make it feel easy.
4 x 200M Relay			
Caiden Good	1 st	1:30.80	Great job getting us out in good position
Holden Arnold		23.3	Solid leg on a quick turnaround - gonna be a lot of those in a couple weeks
Brenden Simcox		22.7	Good job securing the handoff and racing a fine leg!
Eli Rathburn		22.1	Great finish on very short recovery from the 100M
1600M Run			
Isaiah Lanoy	4 th	4:29.83	65.0-67.2 (2:12.2) 69.3-68.3(2:17.6) Solid race... Compete through the middle 800M to be in position to race the leaders to the finish!
Kaiden Lanoy	6 th	4:31.38	65.5-67.9 (2:13.4) 69.7-68.3(2:18.0) Solid race... big PR. The key to the 1600M is get to 1200M, aerobic and in position to race the final 400!
4 x 100M Relay			
Caiden Good	1 st	44.56	Finish the leg strong through the zone.
Holden Arnold		11.1	Good job securing handoff
Gunner Richards		11.3	Solid leg and good exchanges to secure our position
Eli Rathburn		10.5	Nice finish on limited rest
400M Dash			
Colton Thress	1 st	50.70	Excellent! Well-executing race... right moves at the right times
Gabe Boyden		56.94	Gutsy on a day you weren't feeling your best - ending up with solid a PR effort.
300M Hurdles			
Brenden Simcox	1 st	40.49	When the weather breaks, you'll have a breakthrough. You've fixed your problems...
Holden Arnold	2 nd	41.94	Awesome follow up to your breakthrough last week on a day you didn't feel your best!
800M Run			
Jacob Koenig	2 nd	1:59.89	59.0-60.9 Excellent! Aggressive, confident, tough racing! Great job!
Owen McCandlish	6 th	2:07.03	60.0-67.0 Strong effort fighting for a place/point.
200M Dash			
Eli Rathburn	1 st	22.34	Pride and toughness wins on your fourth race of the day! Refused to lose... great finish! No messing around next week...
Gunner Richards		24.24	PR effort and excellent RACING - came up just short in your heat but you are learning that this race can be a successful one for you
3200M Run			
Trevor Lanoy	1 st	9:40.43	71-75-75-73 (4:54) 72-72-72-70 (4:46) Excellent front-running, mostly solo effort. You are racing better than ever at the right time.
Zane Schorr	3 rd	9:55.31	72-76-74-74 (4:56) 76-77-76-70 (4:59) Congratulations on a milestone race! You've erased your limits...
4 x 400M Relay			
Owen McCandlish	5 th	54.5	Solid lead-off leg after a long stretch in rough conditions
Caiden Good		56.1	Valiant effort! you did what we asked you to do and were aggressive and competitive
Wes Taylor		55.2	You race best when you drop the reigns and race with reckless abandon.
Colton Thress		50.5	Super competitive effort!