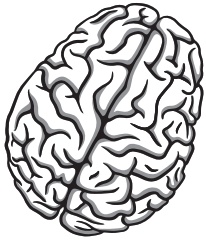




Fairfield
Medical Center

For parents and other adults who work with active teens.



MIND

MATTERS

Concussions happen

If a concussion recovery is not handled correctly, it can cause long-term effects. The responsibility should be assumed by everyone involved, from parents to coaches to the athletes themselves.

Understand the technology and tools FMC is providing in collaboration with Safe Kids Coalition to help your students safely return to activity.

Don't ignore!

HEADACHE

HEAD PRESSURE

NAUSEA OR VOMITING

LOSS OF BALANCE

DIZZINESS

DOUBLE OR BLURRY VISION

CONFUSION

LIGHT SENSITIVITY

3 SEMINARS FOR YOUR CONVENIENCE

SPEAKER:

Curtis McAnallen, M.D.
Thursday, Sept. 28
7-8 p.m.

at Robert K Fox YMCA
465 W. 6th Ave., Lancaster
Park in back parking lot and follow signage.

SPEAKER:

John Walter, D.O.
Thursday, Oct. 26
6-7 p.m.

at Fairfield Medical Center
401 N. Ewing St., Lancaster
*Delta Room on the Mid-Level
(accessible from Parking Garage)*

SPEAKER:

Brian Higgins, D.O.
Thursday, Nov. 9
6-7 p.m.

at Lancaster High School
1312 Granville Pike, Lancaster

To learn more, attend one of the free seminars or visit us online at fmchealth.org.

Refreshments will be provided.

**To sign-up
or get more information,
call 740-687-8250**

